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Best Practices For Supporting Others Workforce (Employees + Supervisors)



Date: Tuesday, 24 JUNE 2025

Time: 11:00am – 1:00pm

Online: [MS Teams Link](#)

Dial In by Phone: 1-858-980-0000, Conference ID: 324 312 052 #

In-Person Location: Bldg 750, 1st Flr, Conference Rm B

Health And Well-Being In The Workplace Workforce (Employees + Supervisors)



Date: Tuesday, 1 JULY 2025

Time: 11:00 am – 1:00pm

Online: [MS Teams Link](#)

Dial In by Phone: 1-858-980-0000, Conference ID: 382 126 775 #

In-Person Location: [Bldg 750, 1st Flr, Conference Rm B](#)

Staying Strong And Resilient Workforce (Employees + Supervisors)



Date: Tuesday, 05 AUGUST 2025

Time: 11:00am – 1:00pm

Online: [MS Teams Link](#)

Dial In: 858-980-0000, Conference ID: 561 586 89 #

In-Person Location: Bldg 750, 1st Flr, Conference Rm B

Stress Reduction Toolkit 2.0 Workforce (Employees + Supervisors)



Date: Tuesday, 02 SEPTEMBER 2025

Time: 11:00 am – 1:00pm

Online: [MS Teams Link](#)

Dial In Info: 858-980-0000, Conference ID: 459 181 354 #

In-Person Location: Bldg 750, 1st Flr, Conference Rm B